



hasi

Health & Safety
International
Helping you work safer

Health and Safety International

“Helping you work safer”

 hasi.co.uk

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Trading under Health & Safety Ireland Ltd

About Health & Safety International

Welcome to Health and Safety International (HASI), where safety knows no borders. We have been at the forefront of Health and Safety training and consultancy with 15 years of unwavering commitment. Our mission extends beyond compliance; we are here to create a safer, more productive workplace for organisations worldwide.

HASI bridges geographical gaps, empowers workforces, whether through face-to, virtual classrooms, or digital platforms whilst providing comprehensive, accredited, and tailored training to meet the needs of your company. Our seasoned Health and Safety consultants will work hand in hand with your organisation to create strong management systems that reflect the need for constant monitoring and review and policy development to guide your company towards excellence.

We are flexible in our approach working with our clients to ensure we provide training and consultancy at a time and place that meets your company's needs. We aim to help you:

1. **Reduce Costs:** By implementing robust safety practices, we help you minimize expenses related to accidents, injuries, and downtime.
2. **Lower Absenteeism:** A safer environment leads to healthier employees, resulting in reduced absenteeism and increased productivity.
3. **Reduce Stress:** Our training programs empower individuals with the knowledge and skills to handle workplace challenges confidently, reducing stress levels.
4. **Prevent accidents:** Through our comprehensive training, we equip your workforce to prevent accidents and respond effectively when needed.
5. **Improve Insurance Premiums:** Improved safety practices can positively impact insurance premiums, saving your company valuable resources.

Our Approach

At HASI, we embrace the four 'Cs' of a positive Health and Safety culture:

- **Competence:** Equipping your team with the skills needed to excel.
- **Co-operation:** Fostering collaboration for collective well-being.
- **Control:** Implementing effective management systems.
- **Communication:** Ensuring open dialogue for safety awareness.

Join us on our commitment to ensuring a safer workplace. Together, we'll raise the bar and create a healthier, more secure environment for all.

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Construction Skills Register (CSR)

The Construction Skills Register (CSR) is a register of construction workers who have completed the industry approved CSR Health and Safety Training courses.

1. CSR One-Day Health and Safety Course

This course is for anyone who works on-site as a labourer, a skilled/craft worker or a visitor.

2. CSR Four-Day Site Supervisors Course

This course is for anyone who works on site as a Site Supervisor and has an NVQ Level 3/4 in Site Supervision or is currently working towards one.

3. CSR One Day Site Supervisors Refresher Course

This course is for anyone who currently holds a CSR Site Supervisor card* and needs to renew. *Terms & conditions apply.

CSR One-Day Health and Safety Course

The course is aimed at all construction personnel including new entrants, to ensure that they have a basic knowledge of health and safety to comply with relevant legislation and make them aware of the inherent dangers on construction sites.

It can sometimes be referred to as the '**site pass**' or '**safe pass**' (**ROI alternative**) and is considered as 'passport' access onto a construction site.

Course Duration: One day

There are several modules covered in the CSR One Day Health & Safety course including:

- Health & Safety legislation.
- Accident reporting & emergency procedures.
- Personal protective equipment.
- Safe use of vehicles.
- Working at heights.
- Handheld tools & equipment.
- Manual handling and carrying out a safety lift.
- Excavations / confined spaces.
- Noise & vibration / COSHH.
- Electricity – underground & overhead services.
- Accident prevention/statistics.

On completion of your CSR course, you will be registered with the Construction Federation and receive an In-House CSR Certificate and obtain a CSR card which allows you to work on site.

If you have an NVQ in your trade, you can apply for a Skilled or Craft Specific CSR Card. Visit the CEFNI website to view all the different card types that are available and find the one for you.

Please remember, you must also complete the One Day CSR Health and Safety course if you are renewing a CSR card.

CSR Four Day Site Supervisors Course

This supervisor course is designed to give construction site supervisors an understanding of their roles and responsibilities within Health and Safety to ensure a safe site.

All delegates must complete the CSR Four-Day Site Supervisors course, currently hold or are working towards an NVQ Level 3 or Level 4 in Construction Site Supervision and a CITB Health, Safety & Environmental Touch Screen Test for supervisors, which is a 50-minute computer-based test.

Course Duration: Four days

There are several modules covered in the CSR Four-Day Site Supervisor course including:

- Accident Prevention
- Accident Reporting
- CDM Regulations
- Fire
- COSHH
- Noise
- PPE
- Safety with Tools and Equipment
- Health and Safety Legislation
- Manual Handling
- Working at Height
- Scaffold and Ladder Safety
- Safety in Excavations and Confined Spaces
- Electricity
- PUWER
- LOLER
- Tool Box Talks

Upon completion of the training, the delegates will be registered with the Construction Federation and will obtain a CSR Gold Supervisor card.

*For those delegates who do not have experience (i.e. undergraduates and graduates in the construction industry), they will be issued a Trainee Supervisors Card (RED) on the grounds that they enrol in the CSR One Day Health and Safety Training course and provide further evidence which can be found on the CEFNI website.

This card type will then be upgraded when they have the appropriate experience and supporting evidence set out by CEFNI.

*For those delegates who are experienced but do not hold an NVQ Level 3 or Level 4 in Construction Site Supervision, they will be issued an Experienced Supervisor Card (RED), on the grounds that they meet the following criteria, which can be found here.

CSR One Day Site Supervisors Refresher Course

This course is to refresh Site Supervisors understanding of their roles and responsibilities within Health and Safety to ensure a safe site.

This course is designed as a refresher course for anyone who has completed the CSR Four-day Site Supervisors Course, and their CSR Gold Site Supervisors Card is within 6 months of their previous card expiry.

All delegates must complete a CITB Health, Safety & Environmental Touch Screen Test* for Supervisors, and currently hold or are working towards an NVQ Level 3 or Level 4 in Construction Site Supervision* to be issued a card for the full 4 years.

Please note that the One Day Site Supervisors Refresher course and Supervisor Touch Screen Test must be completed within 6 months of the card expiry date.

Course Duration: One day

There are several modules covered in the CSR One-Day Site Supervisor Refresher course including:

- Accident Prevention
- Accident Reporting
- CDM Regulations
- Fire
- COSHH
- Noise
- PPE
- Safety with Tools and Equipment
- Health and Safety Legislation
- Manual Handling
- Working at Height
- Scaffold and Ladder Safety
- Safety in Excavations and Confined Spaces
- Electricity
- PUWER
- LOLER
- Tool Box Talks

Upon completion of the training, the delegates will be registered with the Construction Federation and will obtain a CSR Gold Supervisor card.

*If a delegate does not hold an NVQ Level 3 or Level 4 in Construction Site Supervision, they will only be issued a card with an expiry date of **DECEMBER 2024**. However, to be issued a card for the full 4 years, guidance has been put in place which can be found here.

If you have completed a CITB Health, Safety & Environmental Touch Screen Test and it is within 2 years of your renewal date, you are not required to complete the Touch Screen Test again.

Construction Site Safety Plus (CSSS)

The Construction Site Safety Scheme (CSSS) is a collection of Health and Safety training courses covering operative, supervisor, and management training.

These courses have been developed to support industry by providing the understanding and expertise to manage concerns including risks and environmental matters.

THE CSS SCHEME:

- Site Safety Awareness (SSA)
- Construction Site Safety Supervisor (CSSS)
- Construction Site Safety Manger (CSSM)



NPORS Site Safety Awareness

Construction Safety Awareness Course has been mapped as a full equivalent to the QCF Level 1 Award Health and Safety in a Construction Environment. This means that in addition to plant operators undertaking this course, labourers who have achieved the NPORS Site Safety Awareness Course can apply for the CSCS Green Labourers Card once they have also passed the CITB Health, Safety and Environment Operatives Test.

This course highlights potential hazards when working on site and provides practical advice on keeping yourself and your colleagues safe. It covers your individual and employer's responsibilities, including what you can do if you think anyone's health and safety is being put at risk.

Course Duration: 7 hours

On completion of the course, the delegate will have an understanding of the following:

- The need to prevent accidents
- Health and safety law
- How your role fits into the control and management of the site
- Risk assessments and method statements
- Performing safely and asking for advice
- How to report unsafe acts to prevent an accident
- Duration of course and certificate validation

This course provides Health and Safety awareness and is endorsed by Build UK as standard training for all operatives on site.

Certification for this course is valid for 5 years. To remain certified in this area, you will need to retake the course before the expiry date.

NPORS Site Safety Supervisor (CSSS)

This two-day course introduces Site Supervisors to their legal responsibilities regarding health, safety, welfare and environmental issues.

This course is listed in the Build UK Training standard.

You must be able to read, write and understand English to a good level. If you have any concerns, please contact us. You will need to provide valid ID on the first day of the course, such as a copy of your passport or driving licence. You will need to attend the full duration of the course. If you can't attend the full course, you'll need to enrol and take the course again at an additional charge.

Course Duration: Two days

On completion of the course, the delegate will have an understanding of the following:

- Health & Safety law
- Legal duties
- Construction design management
- Occupational Health & Safety Management System
- Risk Assessment & Method statement
- Statutory inspections
- Accident reporting & RIDDOR
- Principle of leadership and worker engagement
- Emergency procedures
- Control of Substances Hazardous to Health (COSHH) and respiratory controls
- Requirements of welfare facilities
- Fire arrangements
- Noise, dust, vibrations and manual handling
- Considerations of setting up a site
- Electrical safety
- Management of plant and equipment
- Lifting operations
- Working at height
- Excavations and services (overhead and underground)
- Confined space
- Roles of a supervisor
- Environmental concerns

This is a highly interactive course delivered by means of case studies, classroom discussion, group work and individual / group presentations. In addition, you will be required to undertake some self-study outside of the course. You will be continuously assessed and required to successfully complete a written test of 25 open questions which require short written answers.

Upon successfully completing the course you will be awarded a NPORS Construction Site Safety Supervisor certificate. **This qualification must be renewed every five years by attending a Refresher course**, but this must be completed before your current certificate expires.

NPORS Site Safety Manager (CSSM)

This course provides project managers, site managers and supervisors, business proprietors and client-based personnel with the knowledge and skills to enable them to ensure health, safety, welfare and environmental issues on construction.

This course is listed in the Build UK Training standard.

You must be able to read, write and understand English to a good level. If you have any concerns, please contact us. You will need to provide valid ID on the first day of the course, such as a copy of your passport or driving licence. You will need to attend the full duration of the course. If you can't attend the full course, you'll need to enrol and take the course again at an additional charge.

Course Duration: Five days

On completion of the course, the delegate will have an understanding of the following:

- Health & Safety law
- Legal duties
- Construction (design and management)
- Health & Safety policy
- Risk Assessment & Method Statements
- Legal requirements for provision of information
- Needs to maintain competence on Site
- Importance of good communication
- Principle of leadership and worker engagement
- Importance of accurately measuring, monitoring and reporting on Health & Safety
- Health & Safety risks
- Identify statutory and non-statutory forms, notices, signs and registers.
- Accidents causes, preventative measures and RIDDOR.
- Construction phase plans
- Ill-health causes and metal health issues
- Requirements of welfare facilities
- Drugs and alcohol
- Control of substances hazards to health (COSHH) and respiratory concerns
- Noise, vibrations and manual handling
- Considerations of setting up a site
- Fire arrangements
- Electrical safety
- Temporary works
- Management of plant and equipment
- Lifting operations
- Mobile and lone working
- Working at height
- Excavations and services (overhead and underground)
- Confined space

This is a highly interactive course delivered by means of case studies, classroom discussion, group work and individual / group presentations. In addition, you will be required to undertake some self-study outside of the course. You will be continuously assessed and required to successfully complete a written test of 25 open questions which require short written answers.

Upon successfully completing the course you will be awarded a NPORS Construction Site Safety Supervisor certificate. This qualification must be renewed every five years by attending a Refresher course, but this must be completed before your current certificate expires.

Upon successfully completing the course you will be awarded a NPORS Construction Site Safety Manager certificate. This qualification must be renewed every five years by attending a Refresher course, but this must be completed before your current certificate expires.



NPORS Plant Card Scheme (Plant & Machinery)

Since NPORS was formed in 1992 it has worked hard to ensure that appropriate training and assessments are being delivered to employers in the construction, utilities, distribution and warehousing, ports and marine, rail and agricultural sectors. The Health & Safety Executive organisation recognise NPORS training providers as fully competent to train, test and certify operators.

The main objective of the NPORS certificate is to allow a flexible approach to meet the needs of the employer and to help and assist in providing an adequately trained construction workforce. The NPORS operator registration card is produced for an individual who has successfully completed testing on the categories shown on the back of the card. This shows that they have achieved a level of competence to operate the item on the card.

The National Plant Operators Registration Scheme, or NPORS as it is more commonly known, is an alternative card scheme to CPCs

NPORS Machine categories we offer:

- 4 x 4 Off Road Vehicle (N607) 21
- Abrasive Wheels - Hand Held Cut Off Saw (N017) 20
- Abrasive Wheels (N301) 22
- Agricultural Tractor (N601) 23
- All Terrain Vehicle - Multi Drive (N608c) 20
- All Terrain Vehicle - Sit Astride (N608a) 20
- All Terrain Vehicle - Sit In (N608b) 20
- Appointed Person BS7121 (N401) 22
- Asbestos Awareness (N031) 19
- Asphalt Chipper Spreader (N244) 21
- Attachment Training Record 21
- Bench Saw (N302) 21
- Boat Hoist (N136) 21
- Cable Avoidance Tool (N304) 21
- Cartridge Tools (N710) 21
- Chainsaw - Maintenance and Cross Cutting (N602) 22
- Circular saw (N303) 21

- Compact Crane (N140) 20
- Concrete Cutting Chainsaw (N025) 21
- Concrete Placing Boom (Static) (N721) 20
- Concrete Pump (Mobile) (N211) 21
- Confined Spaces - High Risk (N702C) 19
- Confined Spaces - Low Risk (N702A) 19
- Confined Spaces - Medium Risk (N702B) 19
- Container Handler (N012) 23
- Crane / Lift Supervisor (N405) 21
- Crawler Crane (N103) 20
- Crusher (N207) 21
- Dozer (N215) 20
- Dragline (N116) 21
- Excavation Marshall Banksperson (N027) 20
- Excavator 180 (N201) 23
- Excavator 360 (N202) 20.1
- Excavator as a Crane (N100) 21
- Excavator Micro 360 (Up to 1 Tonne) (N016) 21
- Fire Warden (N703) 19
- Forward Tipping Dumper (N204) 20
- Forward Tipping Mini Dumper up to 1 tonne (N139) 20
- Grader (N240) 23
- Grass Cutters / Mowers (N604) 19.1
- Gritter / Snowplough (N802) 21
- Hand Held Hedge Trimmer (N610) 22
- Harness and Fall Arrest (N723) 21
- High Pressure Water Jetting (N038) 23
- Hoist (N111) 20
- Horizontal Directional Drilling Rig (N130) 20
- Industrial Counterbalanced Lift Truck (N001) 22
- Industrial Counterbalanced Lift Truck Theory Test Paperwork (N001) 22
- Landfill Compactor (N224) 22
- Loader Compressor (N206) 22
- Loading Shovel (N209) 23
- Log Handler (N106) 23
- Lorry Loader (N107) 23
- Lorry Mounted Lift Truck (N004) 23
- Machine Control System (N030) 19
- Manual Handling (N704) 21.1
- Marine Knuckle Boom Crane (N014) 20
- Mast Climber (N119) 21
- Material Re-Handler (N722) 22
- MEWP BOOM (N108) 23
- MEWP Scissor (N109) 23
- Mobile Crane (N101) 20
- Mobile Scaffold Towers (N706) 21.1
- Multi Directional Lift Truck (N135) 20
- Multi Lift and Drop - Hook Loader Vehicle (N225) 20
- Narrow Aisle Lift Truck (N007) 22.1
- Order Picker (N005) 22.1
- Overhead Container Gantry Crane (N114) 22
- Overhead Crane (N104) 20
- Pallet / Stacker Truck (N008) 22.1
- Paver (N220) 21
- Pay Welder (N241) 20
- Piling Rig (N221) 20
- Piling Rig Attendant (N022) 20
- Pivot Steer Lift Truck (N013) 23
- Plant Inspector - Thorough Examination (N039) 21
- Plant Loader Securer (N120) 23.1
- Plant Machinery Marshal (N133) 21
- Plant Mover - Non Operational Duties (N132) 22

- Post Rammer (N041) 21
- Powered Handheld Breaker (N048) 23
- Puller Winch (N033) 21.1
- Quay Crane (N105) 20
- Quick Hitch Awareness (N726) 23
- Reach Lift truck (N003) 22.1
- Reach Lift Truck Theory Test paperwork (N003) 22.1
- Rear Tipping Dumper (N205) 20
- Refuse Collection Vehicle (N029) 20
- Remote Control Tower Crane (N115) 21
- Report of Thorough Examination (N019) 21
- Rigging and Fleeting Loads - Lift Planner (N046) 19
- Rigging and Fleeting Loads (N047) 22.1
- Road Planer (N216) 20
- Road Roller (N214) 21.1
- Road Sweeper (N217) 22
- Roll Crusher - Packer (N026) 20
- Rough Terrain Lift Truck (N009) 22.1
- Safe Use of Mobile Loading Ramps (N045) 23.1
- Safe Use of Stepladders and Ladders (N711) 21
- Safe Working at Height (N404) 22
- Safety at Street and Roadworks (N714) 21
- Safety Awareness (S001) 23
- Safety Awareness Delegate Handout (S001) 21
- Safety Awareness Guidance on Remote Delivery
- Safety Awareness Instructor Notes (S001) 21
- Safety Awareness Rules for Remote Delivery
- Safety Awareness Test Sheets Remote Delivery
- Scraper (N223) 20.1
- Screener (N208) 20
- Shunter Vehicle (N243) 20
- Side Boom (N242) 19
- Sideloader Lift Truck (N006) 22.1
- Skidsteer Loader (N212) 23
- Skip Loader (N219) 21
- Slinger / Signaller (N402) 23
- Soil Displacement Hammer (N015) 20
- Soil Stabiliser (N040) 21
- Strimmer - Brushcutter (N605) 19.1
- Stump Grinder (N606) 19.1
- Suction Excavator (N021) 21
- Supervisor Awareness - FLT (N036) 21
- Supervisor Awareness - MEWP (N035) 21
- Supervisor Awareness - Plant (N034) 21
- Telescopic Handler (N010) 22.1
- Telescopic Handler Suspended Loads (N138) 20
- Tiltrotator System (N020) 19
- Tow Tractor (N210) 22
- Tower Crane (N102) 20
- Trencher (N203) 20
- Vehicle Marshal (N403) 23
- Winching & Recovery (N609) 21
- Wood Chipper / Shredder (N603) 21

Plant & Machinery Training HASI Certification

As well as our accredited plant schemes we offer high-standard on-site training for those who do not need accredited training, this training is provided at your premises.

Available Plant and Machinery Training:

- Forward Tipping Dumper
- Forward Tipping Dumper – Wheeled
- Forward Tipping Dumper – Tracked
- Excavator 180° below 5 tonnes
- Excavator 180° above 5 tonnes
- Industrial Forklift Truck
- Telescopic Handler – All sizes exc. 360 Slew
- Wheeled Loading Shovel
- Tracked Loading Shovel
- Skid Steer Loader
- Mobile Elevating Work Platform – Scissor
- Mobile Elevating Work Platform – Boom
- Mobile Elevating Work Platform – Boom – Vehicle Mounted
- Mobile Elevating Work Platform – Boom – Self Propelled
- Ride on Roller
- Agricultural Tractor
- Crawler – Tractor/Dozer
- Lorry Loader
- Lorry Loader – Hook
- Lorry Loader – Clamshell Bucket
- Lorry Loader – Hydraulic Clamp
- Slinger/Signaller
- Slinger / Signaller- All Types – Static Duties
- Loader/Compressor
- Dump Truck – Articulated Chassis
- Dump Truck – Articulated Chassis – Up to 15 tonnes
- Dump Truck – Articulated Chassis – All Sizes
- Dump Truck – Rigid Chassis
- Dump Truck – Rigid Chassis – Up to 15 tonnes
- Dump Truck – Rigid Chassis – Up to 50 tonnes
- Dump Truck – Rigid Chassis – All sizes (wheeled)
- Excavator 360° below 10 tonnes
- Excavator 360° below 10 tonnes – Tracked
- Excavator 360° below 10 tonnes – Wheeled
- Excavator 360° below 10 tonnes – Lifting Operations
- Excavator 360° above 10 tonnes
- Excavator 360° above 10 tonnes – Tracked
- Excavator 360° above 10 tonnes – Wheeled
- Excavator 360° above 10 tonnes – Lifting Operations
- Mobile Crane – Blocked Duties only
- Appointed Person – Lifting Operations
- Crane/Lifting Operations Supervisor
- Pedestrian Operated Tower Crane
- Pedestrian Operated Tower Crane – Up to 36m – 100m/te
- Excavator 360° below 10 tonnes – Lifting Operations
- Excavator 360° above 10 tonnes – Lifting Operations
- Overhead Gantry Crane
- 4 x 4

City And Guilds CAT & GENNY

This course is essential for workers to detect cables safely and correctly. Delegates will review legal requirements, ensure safety compliance, and understand procedures, appropriate documentation and classifications. They will gain necessary skills, knowledge, and understanding to safely carry out cable avoidance work. It is for Operatives and Supervisors needing to locate underground apparatus for work on the roadways, highways and other sites.

There are several modules covered in the City And Guilds CAT & GENNY courses including:

- Basic principles in locating and avoiding underground services.
- Identifying hazards and the risks they pose.
- Reading and interpreting site plans.
- Practical use of equipment including the CAT 4.

By the end of the course delegates will be able to:

- Understand what regulations and Codes of Practice apply
- Correctly use common location equipment.
- Correctly identify samples of common services.
- Understand the benefit of Permit Systems.
- Identification of services from drawings.
- Carry out a survey and produce a sketch of services found.
- Safe digging practices.

Assessment:

With a mix of practical and theory-based exercises, videos, and tutorials, delegates will cover manufacturer and general knowledge and awareness of utility services and participate in practical activities to learn best practices and operating methods to detect cables for excavation preparation.

On successfully completing the course, delegates receive a **City and Guilds CAT & GENNY certificate** and ID card, valid for three years.

IOSH

IOSH training is internationally recognised and highly regarded, making them reliable and respected courses of choice. The courses vary in duration and are aimed at individuals at different levels, from entry-level courses for all staff, to strategic courses for business leaders.

IOSH Managing Safely

Managing Safely is designed for managers and supervisors in any sector and in organisations of all sizes. They won't suddenly become safety experts – but they'll get up-to-speed on the practical actions they need to take and gain the knowledge and tools to tackle the safety and health issues they're responsible for.

Importantly, Managing Safely makes a powerful case for safety and health being an integral part of day-to-day management and business.

Every manager needs an understanding of their safety and health responsibilities.

Course Duration: Three days

IOSH Managing Safely covers the following topics:

- Assessing risks
- Controlling risks
- Understanding responsibilities
- Understanding hazards
- Investigating incidents
- Measuring performance

Because every manager needs an understanding of their safety and health responsibilities. Managing Safely is unlike any other safety and health course. Why? Because it delivers practical step-by-step guidance with a sharp business focus that's hands-on and jargon-free.

The innovative format and content is engaging and inspiring – critical to embedding Health and Safety throughout your entire organisation.

Successful delegates are awarded an **IOSH Managing Safely certificate**. A one-day Managing Safely Refresher course is available to delegates who have already completed the full Managing Safely course.

IOSH Working Safely

This course is for people at any level, in any sector worldwide, who need a grounding in the essentials of safety and health. It gives everyone at work an understanding of why they must 'work safely'.

Working Safely is for people at any level, in any sector worldwide, who need a grounding in the essentials of safety and health. It gives everyone at work an understanding of why they must 'work safely' – and does it in an enjoyable way.

Course Duration: One day

Working Safely covers the following topics:

- An outline of occupational safety and health
- Defining hazard and risk
- Identifying common hazards
- Improving safety performance

Successful delegates are awarded an **IOSH Working Safely certificate**.



IOSH Safety, Health And Environment For Construction Workers Site Safety

This course is It very much focused on helping delegates to understand what they need to know, and how they can benefit from working in a healthier and safer way. The course provides workers with the knowledge that they will be able to use in their day-to-day roles. The course can be customised to suit either a cohort of workers from a single company or construction workers from a range of organisations.

The course is for anyone who works on or around a construction site or has cause to visit the site in the course of their work. Remember, it is your responsibility to provide your staff with the training to ensure your site is fully compliant with safety, health and environmental regulations.

Course Duration: One day

Delegates will understand the importance of:

- Site safety
- Recognising and managing health risks and high risk activities
- Dealing with incidents
- The wider environment

As well as learning to keep themselves safe, delegates will be taught how to spot common hazards and improve safety performance across the site. Safety, Health and Environment for Construction Workers will foster team working and encourage your staff to take responsibility for themselves and their colleagues.

Assessment:

1. Individuals are assessed via a multi-choice test/short answers test.
2. The duration of the test will be for one hour.
3. A practical assessment.

On successful completion of the exam, delegates will receive an **IOSH certificate**.

IOSH Safety, Health and Environment for Construction Site Managers

Safety, Health and Environment for Construction Site Managers will meet the needs of your business within a timescale to suit you. Delivered over five days with an option to deliver in four, this flexible course will demonstrate how a focus on effective safety and health management will improve efficiency and the wellbeing of your staff.

Anyone who oversees or manages safety, health and environmental risks associated with construction activities. Remember, it is your responsibility to provide your staff with the training to ensure your site is fully compliant with safety, health and environmental regulations.

Course Duration: Four days

Delegates will benefit from a clear overview of the specific safety, health and environmental requirements of managing a construction site, including:

- Local law and enforcement
- Preparing for work
- General management of the site, workers and contractors including for example:
 - The importance of method statements the use of permits to work
 - The importance of managing environmental aspects and impacts related to construction projects
- Principles underpinning effective construction design and management
- The key issues and control of working at height including for example:
 - Plans and risk assessments
 - Roofs and fragile surfaces
 - Working platforms and ladders management, use and stability of scaffolds fall arrest and suspension equipment
- Site requirements for the welfare of construction workers on site

Assessment:

1. Individuals are assessed via a multi-choice test/short answers test.
2. The duration of the test will be for one hour.
3. A practical assessment.

On successful completion of the exam, delegates will receive an **IOSH certificate**.

GQA Level 1 Award in Construction Health and Safety

This qualification is aimed at individuals wishing to prove they have the level and range of knowledge required to work safely in a construction working environment. Achievers of this unit will fulfil the CSCS requirements for the new (2014) Labourer's card.

The qualification is equally relevant to individuals already employed in construction, Apprentices or new entrants to the industry and is also suitable for those wishing to find out more about the theoretical aspect of Health and Safety within the construction Industry without the need to be directly employed in a construction working environment.

Entry Requirements:

Learners are required to be 18 years of age prior to certification. It is also advised that learners have a minimum of level 1 in literacy and numeracy.

Course Duration: 6 contact hours of training

To meet the unit aims candidates will have to prove knowledge of risk assessments, method statements, hazards, accidents and emergencies, health risks, manual handling and working at heights. Specific information on the range and scope of assessment criterion will be provided to the candidate and assessor.

ID Requirements:

- Valid passport (any nationality).
- Signed UK photo card driving license.
- Other photographic ID card, e.g., valid warrant card issued by HM
 - Forces, Police, employee ID card, student ID card, travel card.

In the event that a learner is unable to produce any of the forms of photographic identification listed above, a centre may accept another form of identity containing a signature, for example a credit card or a third-party representative, such as a Line Manager, Human Resources Manager or invigilator, will be accepted.

On successful completion of the exam, delegates will receive an **GQS certificate and card**.

Highfield

These qualifications cover a wide spectrum of health, safety, and hygiene topics, catering to the diverse needs of organizations and individuals alike. As an approved provider, we ensure the highest standards of training delivery and certification, empowering our clients to enhance workplace safety and compliance effectively.

We approved to deliver a comprehensive range of qualifications accredited by Highfield, a trusted awarding body. These qualifications include:

- Highfield Level 1 Award in the Principles of Fire Safety Awareness (RQF)
- Highfield Level 2 Award in Food Safety for Catering (RQF)
- Highfield Level 2 Award in Food Safety for Retail (RQF)
- Highfield Level 2 Award in Health and Safety within the Workplace (RQF)
- Highfield Level 2 Award in Introduction to First Aid for Mental Health (RQF) - MCQ Test
- Highfield Level 2 Award in Introduction to Mental Health Awareness (RQF) - MCQ Test
- Highfield Level 2 Award in Risk Assessment (RQF)
- Highfield Level 2 Award in Safe Moving and Handling (RQF) - Multiple Choice Question
- Highfield Level 2 Award in the Control of Substances Hazardous to Health (RQF)
- Highfield Level 2 Award in the Prevention and Control of Infection for the Workplace (RQF)
- Highfield Level 2 Award in the Principles of Fire Safety (RQF)
- Highfield Level 3 Award in Health and Safety in the Workplace (RQF)
- Highfield Level 3 Award in Understanding Mental Health in the Workplace for Managers (RQF)

Please contact us for specific course summary breakdowns or for further information.

NVQ Qualifications Levels 2 – 7

NVQs are a 'competence-based' qualification, which means you learn practical, work-related tasks designed to help you develop the skills and knowledge to do a job effectively. Taking an NVQ could be suitable if you already have skills and want to improve them, or if you are starting from scratch.

- Level 2 in Specific Trades:
 - Carpentry & Joinery
 - Wall & Floor Tiling
 - Plastering – Fibrous
 - Plastering – Solid
 - Bricklaying
 - Steel fixing Occupations
 - Plus many more...
- Level 3 Occupational Work Supervision (Construction)
- Level 4 Diploma in Construction Site Supervision
- Level 6 Diploma in Construction Site Management
- Level 7 Diploma in Construction Senior Management

HASI can assess your eligibility for the NVQ programmes it offers.

We will also help you work out the most suitable specialist area that will most benefit your future career path. We will review your existing qualifications and work experience to determine the best training solution for you and your employees.

Our experience of the Construction Industry is second to none, and we understand the training and compliance needs of today's firms. We understand that you wish to improve the skills of your workforce whilst they continue to work and support your business. Our flexible solutions are designed to meet these needs.

Please contact us for specific NVQ summary breakdowns or for further information.



General Health & Safety Training

Construction & Trade Safety is Health & Safety Ireland's core competency. With our extensive range of industry-specific courses we are certain you will find a course to improve the safety, well-being and practices in your firm to new heights.

We offer each of these training courses at all of our venues, just get in touch with us today and schedule for a time that suits your workforce.

1. **Manual Handling**
2. **Abrasive Wheels**
3. **Asbestos Awareness**
4. **COSHH**

Manual Handling

This qualification introduces candidates to the hazards and risks involved in manual handling and outlines what to expect from a manual lifting assessment. It will enable employees to develop safer manual lifting techniques in the workplace.

Course Duration: 3 hours

On completion of the course, the delegate will have an understanding of the following:

- The process of manual activities in the workplace
- Manual lifting injuries and the activities which cause them
- Manual lifting assessment and control options
- Responsibilities imposed by the Manual Handling Operations Regulations
- What's the Problem – Anatomy
- What should I do about it
- What are my duties
- Avoiding manual handling
- The Task
- The Load
- The Working Environment
- Individual Capacity
- Handling aids and equipment

Assessment:

Classroom based training with a hands-on/practical demonstration of equipment and various techniques, and a multiple choice exam of 20 questions.

All delegates will receive an Manual Handling certificate valid for 3 years.

Abrasive Wheels

This course is designed for delegates who supervise or participate in the use of abrasive wheels equipment, and provides the delegates with the necessary knowledge and understanding in relation to identification of hazards associated with abrasive wheels and the required control measures to develop a safe system of work.

Course Duration: 5 hours

On completion of the course, the delegate will have an understanding of the following:

- Explanation of the legal requirements governing abrasive wheels
- Understanding good machine safety
- Avoidance of injuries
- Recognition of potentially dangerous abrasive wheel operations.
- Safe use of machines
- Be able to identify specific hazards and Precautions to be taken.
- Be aware of employer and employee duties relating to application of safety controls.
- Be able to identify defective equipment or systems.
- Have sufficient knowledge and understanding to implement their duties relating to inspection and safe use of abrasive wheels equipment.
- Characteristics of an Abrasive Wheel and the Types.
- Marking of Abrasive Wheels.
- Storage and Handling.
- Personal Protective Equipment.

Assessment:

Classroom based training with a hands-on/practical demonstration of equipment and various techniques, and a multiple choice exam of 20 questions.

All delegates will receive an Abrasive Wheel Certificate valid for 3 years.

Asbestos Awareness

This course is designed for those whose work could foreseeably disturb the fabric of a building and expose them to asbestos or who supervise or influence the work.

It should also be given to those workers in the refurbishment, maintenance and allied trades where it is foreseeable that ACMs may become exposed during their work.

If you have no intention of removing asbestos but work on buildings built or refurbished before the year 2000, asbestos could be present. You will need awareness training so you know how to avoid the risks.

The aim of this course is to give delegates an awareness to the dangers of Asbestos and the necessary control measures to deal with it.

Course Duration: 3 - 5 hours

On completion of the course, the delegate will have an understanding of the following:

- Introduction to asbestos and its uses
- Understanding of the health effects and emergency procedures
- Appreciation of the legislative requirements when working with asbestos
- Compliance with the control of Asbestos regulations, surveys, registers and removal

Assessment:

Classroom based training with a multiple-choice exam of 20 questions.

All delegates will receive an Asbestos Awareness certificate valid for 3 years.

COSHH

This course is designed for delegates who handle chemicals and are exposed to workplace noise as part of their daily work and helps all levels of employees meet the requirements of the “Control of Substances Hazardous to Health Regulations” and the “Control of Noise at Work Regulations”.

The aim of this course is to train delegates in awareness of the risks associated with hazardous substances and noise and how the risks can be managed which will enable them to contend effectively with those risks in the workplace.

It introduces candidates to substances, the risks and controls available, and outlines what to expect from a control of substances hazardous to health (COSHH) assessment.

Course Duration: 4 hours

On completion of the course, the delegate will have an understanding of the following:

- Current relevant legislation.
- Hazards arising from use of hazardous substances and adequate control measures.
- Hazards associated with workplace noise and necessary measures to mitigate risk.

Assessment:

Classroom based training with a multiple-choice exam of 20 questions.

All delegates will receive an COSHH certificate valid for 3 years.



Working at Heights Courses

Work at height accidents remain the single biggest cause of fatalities in the construction sector and many other industries.

All work at height must be adequately planned and carried out in a safe manner with appropriate equipment.

We offer a wide range of training programmes that covers most aspects of working at heights.

1. **Working At Heights Awareness**
2. **Working At Heights**
3. **Safe Use of Ladders**
4. **Harness Wearer / Inspection Course**

Working At Heights Awareness

This course is designed for Operatives, Supervisors and Managers who require Working at Height Awareness training. This will enable them to assess, plan and implement the necessary safety precautions and control measures for any works involving height.

Course Duration: 3 hours

On completion of the course, the delegate will have an understanding of the following:

- Implementation of Safe Working at Height Systems
- The requirement for an Emergency Rescue Plan
- First Aid requirements
- Correct selection of PPE and FPE
- An overview of various mobile platforms and temporary working platforms
- The Overview of fixed access systems
- An Overview of roof working
- The Overview of masts and tower access
- Overview of specialist rope access.

Assessment:

Classroom based training with a practical demonstration of equipment and various techniques.

This course provides an understanding of the Working at Height Principals and hierarchy of control measures. It is recommended that additional training is completed for practical work at height.

All delegates will receive a Working at Height Awareness certificate valid for 3 years.

Working At Heights

This course is designed for anyone involved in conducting, supervising or managing work at height activities, along with understanding of the roles and responsibilities of those planning and those carrying out work at height and an introduction to the equipment and methods available and where they sit within the hierarchy of controls. Care of equipment, pre-use inspection, fitting and adjustment of equipment is also covered.

Course Duration: 7 hours

On completion of the course, the delegate will have an understanding of the following:

- Problems associated with safe working at heights
- Legislation
- Employers responsibility
- Employees responsibility
- Risk assessment
- Safe systems of working
- Passive safety systems
- Restraint systems
- Fall arrest systems
- Fall arrest equipment introduction
- Pre-use inspection
- Donning a safety harness
- Safe use of associated equipment
- Anchorage point identification
- Horizontal safety systems
- Vertical safety systems
- Temporary safety products
- Maintenance & checking of equipment
- Cleaning & storage

Assessment:

Classroom based training with a practical demonstration of equipment and various techniques.

All delegates will receive a Working at Height certificate valid for 3 years.

Safe Use of Ladders

This course is specifically designed for anyone whose job requires them work safely off ladders or step-ladders, including using the necessary height safety equipment.

The course may also help the supervisor/ manager responsible for managing those using the equipment and will also help management carry out their legal obligations to their employees.

Course Duration: 1/2 Day

On completion of the course, the delegate will have an understanding of the following:

- Why ladder accidents are happening
- Ladder types and applications
- Access selection considerations
- Ladder and step ladder types
- Pre use considerations
- Good and bad practice
- Ladder specific height safety equipment selection and suitability
- Correct inspection of the ladder ahead of use
- Correct sighting and positioning
- Correct erection and set up
- Access and egress to the work site
- Ladder climbing techniques

Delegates will have a sound knowledge and a correct understanding of the principles of using a ladder safely. They will fully understand the risks when using ladders and step ladders and will be able to put into practice safe procedures when using them.

Assessment:

Classroom based training with a practical demonstration of equipment and various techniques.

All delegates will receive a Safe Use of Ladders certificate valid for 3 years.

Harness Wearer / Inspection Course

This course is designed for those delegates who supervise or participate in working at height activities using personal fall protection systems. It will provide the delegates with the necessary knowledge and understanding in relation to the use of safety harness and its associated equipment and identification of potential hazards and suitability of personal fall protection equipment.

Course Duration: 1/2 Day

On completion of the course, the delegate will have an understanding of the following:

- Be able to identify specific hazards
- Ensure an adequate risk assessment has been carried out to comply with current legislation
- Harness design, provisions and testing
- Wearing a harness as per manufacturers instructions
- Fall restraint and arrest systems
- Harness inspection and maintenance
- Be able to identify defective equipment or systems

Assessment:

Classroom based training with a hands-on/practical demonstration of equipment and various techniques, and a multiple-choice exam of 20 questions.

All delegates will receive a Harness Wearer / Inspection Certificate valid for 3 years.

Construction First Aid

This course is ideally suited to any person who has responsibility for first aid at a construction site. At HASI we specialise in teaching first aid to those people who work in high hazard environments, such as the building and construction industry.

Our medical training equips clients to deal with a range of traumatic injuries that are likely to occur in the construction industries. We routinely work with builders, scaffolders, surveyors, electricians and many other individuals and organisations that require employees to work in high hazard situations.

Course Duration: 3 Days

Our Construction First Aid courses are fully certified and cover the complete HSE syllabus as follows:

- Understand the role and responsibilities of a first aider
- Be able to assess an incident
- Be able to provide first aid to an unresponsive casualty
- Be able to perform cardiopulmonary resuscitation (CPR) and demonstrate correct placement of AED pads and follow AED instructions
- Be able to provide first aid to a casualty who is choking
- Be able to provide first aid to a casualty with external bleeding
- Know how to provide first aid to a casualty who is in shock
- Know how to provide first aid to a casualty with minor injuries
- Be able to conduct a secondary survey
- Be able to provide first aid to a casualty with suspected injuries to bones, muscles and joints
- Be able to provide first aid to a casualty with suspected head and spinal injuries
- Know how to provide first aid to a casualty with suspected chest injuries
- Be able to administer first aid to a casualty with burns and scalds
- Be able to administer first aid to a casualty with an eye injury
- Know how to provide first aid to a casualty with sudden poisoning
- Be able to administer first aid to a casualty with anaphylaxis
- Know how to provide first aid to a casualty with suspected, heart attack, stroke, epilepsy, asthma, diabetic emergency and sepsis

In addition to the syllabus our Pre-Hospital Medical Treatment training program for the construction industry also includes:

- Emergency Operating Plans
- Situational Awareness training
- Major incidents
- Management of spinal Injuries
- Management of chest injuries
- Management of abdominal injuries
- Management of suspected pelvic injuries
- Electrical accidents,
- Amputations
- Dropped objects – serious head injury, unresponsive, breathing
- Fall from heights – external bleeding, unresponsive, breathing
- Serious internal bleeding
- Serious external bleeding (i.e. chainsaw injury)
- Maintaining the Airway
- Identifying life threatening conditions and injuries and knowing how to deal with them.





Health & Safety
International

Helping you work safer

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☎ 078 4550 9557 🌐 hasi.co.uk Find us on  

The information included is a snapshot of what we can deliver, if you require any other type of Health & Safety Training that is not included within our brochure or wish for more information, please contact us today!